Provided for non-commercial research and education use. Not for reproduction, distribution or commercial use.



This article appeared in a journal published by Elsevier. The attached copy is furnished to the author for internal non-commercial research and education use, including for instruction at the authors institution and sharing with colleagues.

Other uses, including reproduction and distribution, or selling or licensing copies, or posting to personal, institutional or third party websites are prohibited.

In most cases authors are permitted to post their version of the article (e.g. in Word or Tex form) to their personal website or institutional repository. Authors requiring further information regarding Elsevier's archiving and manuscript policies are encouraged to visit:

http://www.elsevier.com/copyright

Journal of Research in Personality 43 (2009) 268-269



Contents lists available at ScienceDirect

Journal of Research in Personality

journal homepage: www.elsevier.com/locate/jrp

Motivation as a natural linchpin between person and situation

Oliver C. Schultheiss^{a,*}, Annette Kordik^a, Jennifer S. Kullmann^a, Maika Rawolle^b, Andreas G. Rösch^a

^a Department of Psychology and Sport Sciences, Kochstrasse 4, Friedrich-Alexander University, 91054 Erlangen, Germany ^b Technical University, Munich, Germany

A R T I C L E I N F O

Article history: Available online 7 January 2009

Keywords: Motivation Alliesthesia Incentive Implicit motive

From the very beginning, motivational theories of personality have emphasized the inseparability of persons and situations for the prediction of behavior. Murray (1938) considered behavior to be the result of a match between a person's motivational need and a press, that is, a suitable incentive present in the environment that arouses the need and provides an opportunity for its expression. Building on Murray's work, McClelland, Atkinson, Clark, and Lowell (1953) later used situational arousal of the need for achievement (nAch) to devise a picture-story-based contentcoding measure to determine people's dispositional need to excel at challenging tasks. Even this new measure of nAch was not considered to predict behavior across all contexts; rather, McClelland et al. made the presence of suitable incentives and situational contexts a cornerstone of their theory of motivation. Indeed, the picture-story measures developed for the assessment of motives are themselves critically dependent on the inclusion of proper pictorial cues to elicit the motive of interest (e.g., Pang & Schultheiss, 2005) and appear to assess stable patterns of if-then contingencies between situational cues and behavioral responses (Schultheiss, Liening, & Schad, 2008). As a result of the inherent relationship between motivational needs and incentives, the joint consideration of individuals' motives and situational cues is part and parcel of theorizing and research in the field of implicit motive research to this day (e.g., McClelland, 1987; Schultheiss, 2008; Woike, 2008).

But motivational concepts do not only provide a natural linchpin between the person and the situation in the prediction of behavior, they also add a dynamic component to the relationship between both that is absent in classic trait theories of personality. Incentive attainment has a temporary damping effect on the motivational need: after a full meal, even a previously hungry person ceases to think of food and starts thinking of other things. In their dynamics of action theory, Atkinson and Birch (1970) presented a model that formally incorporated such dynamic effects of incentive consummation and need satisfaction on subsequent behavior. Dynamics of action theory thus presaged modern biopsychological and neuroscience accounts of motivation that highlight the changing reward value of incentives. For instance, Cabanac (1971) demonstrated that the same stimulus (e.g., immersion in warm water) can be experienced as pleasant or unpleasant, depending on the need state of the organism (e.g., whether it is in a state of hypoor hyperthermia). He termed this effect alliesthesia, that is, a need-dependent change in the hedonic value of an incentive. Alliesthesia effects have been observed for several domains of motivation, including sexual motivation and feeding behavior. As a case in point, Rolls, Sienkiewicz, and Yaxley (1989) showed that monkeys' responses to sweet glucose syrup change from greedy acceptance to nauseous rejection with continuous ingestion and that neurons in the orbitofrontal cortex closely track this change in reward value with their firing rate. We therefore suggest that motivational concepts provide a rich and fruitful framework for extending research on the interplay between persons and situations into exciting new directions.

RESEARCH IN

References

280-294.

Atkinson, J. W., & Birch, D. (1970). *The dynamics of action*. New York: Wiley. Cabanac, M. (1971). Physiological role of pleasure. *Science*, *173*(2), 1103–1107.

- McClelland, D. C. (1987). Human motivation. New York: Cambridge University Press.
 McClelland, D. C., Atkinson, J. W., Clark, R. A., & Lowell, E. L. (1953). The achievement motive. New York: Appleton-Century-Crofts.
 Murray, H. A. (1938). Explorations in personality. New York: Oxford University Press.
- Murray, H. A. (1938). Explorations in personality. New York: Oxford University Press. Pang, J. S., & Schultheiss, O. C. (2005). Assessing implicit motives in US college students: Effects of picture type and position, gender and ethnicity, and cross-cultural comparisons. Journal of Personality Assessment, 85(3),

^{*} Corresponding author. Address: Department of Psychology and Sport Sciences, Kochstrasse 4, Friedrich-Alexander University, 91054 Erlangen, Germany. Fax: +49 9131 8526770.

E-mail address: oliver.schultheiss@psy.phil.uni-erlangen.de (O.C. Schultheiss).

^{0092-6566/\$ -} see front matter \circledcirc 2009 Elsevier Inc. All rights reserved. doi:10.1016/j.jrp.2008.12.018

O.C. Schultheiss et al./Journal of Research in Personality 43 (2009) 268-269

- Rolls, E. T., Sienkiewicz, Z. J., & Yaxley, S. (1989). Hunger modulates the responses to gustatory stimuli of single neurons in the caudolateral orbitofrontal cortex of the macaque monkey. *European Journal of Neuroscience*, 1(1), 53–60.Schultheiss, O. C. (2008). Implicit motives. In O. P. John, R. W. Robins, & L. A. Pervin
- Schultheiss, O. C. (2008). Implicit motives. In O. P. John, R. W. Robins, & L. A. Pervin (Eds.), Handbook of personality: Theory and research (3rd ed., pp. 603–633). New York: Guilford.
- Schultheiss, O. C., Liening, S., & Schad, D. (2008). The reliability of a picture story exercise measure of implicit motives: Estimates of internal consistency, retest reliability, and ipsative stability. *Journal of Research in Personality*, 42, 1560–1571.
- Woike, B. A. (2008). A functional framework for the influence of implicit and explicit motives on autobiographical memory. *Personality and Social Psychology Review*, 12(2), 99–117.